

Manual on Operative Laparoscopy

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Laparoscopic surgery has successfully crossed the initial hurdles which every new technique encounters and now has established itself as an alternative to the conventional surgery. Since laparoscopic surgery has become an integral part of training of health professionals in every institution, therefore they must have an insight about laparoscopic surgery. In this manual the authors have attempted to deal with several aspects of laparoscopic surgery, starting from ethics and patient safety, basic instruments and energy sources, till recent advances in the field of laparoscopic surgery.

In the beginning of this manual, emphasis is placed on the training of postgraduate surgical trainees about the importance of laparoscopic surgery, basic instruments used along with Electrosurgery and energy used at Endoscopy. The importance of ethics versus safety is addressed separately, followed by an introduction of 3D laparoscopy. In this manual an article is included to give a step-by-step approach to perform effective laparoscopic suturing for postgraduate trainees as guidelines. In the second quarter of the manual the authors have addressed various management modalities with reasoning related to polycystic ovarian syndrome, endometriomas and suspicious ovarian masses. In the third quarter of the manual laparoscopic surgical advances for the management of myomas, adenomyosis and tubal pregnancy are explained. The controversies related to laparoscopic Hysterectomy and recent advances in this field are discussed at the end of the manual.

The main strengths of the book are that it is easily comprehensible and the language is easy worded. It engages the postgraduate trainee in a tactful manner to educate

them about the physics of laparoscopy especially 3D laparoscopy and familiarization with the equipment before its use. The book keeps the reader interested and is good value to the reader and provides easy understanding and makes learning operative laparoscopy as a "state of the art" relatively easy. Pictures are good and instructive and go along well with the text.

However, application of knowledge (laparoscopic procedures) on common gynaecological problems in subsequent chapters is sketchy and lacks detail which is necessary to educate the reader. The place, hospital as well as the team which carried out this research and performed a particular procedure is not mentioned. The reasoning why the operator opted for a specific practice without comparing with international standards is absent and if comparison is made, no references are quoted in the references at the end of chapter. Some of the chapters show no references, although comparison of various studies is made in the article. Hence the book should be designated as sharing the local practices about a gynecological problem instead of being an authority for the treatment of a particular disease. Few chapters of the manual were sheer theoretical knowledge on that subject, where no application of clinical modalities or technique has been elaborated by the respected author. However this book is a great contribution in order to provide an insight for the postgraduate trainees in the field of operative laparoscopy.

Further identity of the Book: A workshop manual by L Nair Hospital Mumbai Central, in association of 56th All India congress of Obstetrics & Gynaecology 16th -20th January 2013, presented by The Mumbai Obstetrics and Gynaecological Society (MOGS).

**The Book is reviewed by
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